



WEEK 1 (17-21/6)					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AFTERNOON 12.45	Spaghetti with meat and tomato sauce - Kokinisto (+grated cheese)	Oven-baked chicken fillet with mashed potatoes	Stuffed tomatoes and peppers, feta cheese	Beef patties with oven-baked potatoes	Pastichio-Pasta and ground beef casserole with bechamel sauce
	Green Salad with corn	Tomato and cucumber Salad	Cabbage and carrot Salad	Tomato and cucumber Salad	Greek Salad with Feta cheese
	Fruit Salad	Watermelon	Milk chocolate mousse	Fruit Salad	Strawberries
WEEK 2 (24-28/6)					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AFTERNOON 12.45	Pork Souvlaki with rice (+tomato sauce)	Cheeseburger with tomato & mayonnaise and oven-baked potatoes	Fish-sticks with mashed potatoes, green beans & steamed carrots (+mayonnaise sauce)	Chicken Souvlaki with rice (+tomato sauce)	Spaghetti Carbonara (+grated cheese)
	Greek Salad with Feta cheese	Ceasars Salad	Tomato and cucumber Salad	Cabbage and carrot Salad	Tomato and cucumber Salad
	Banana	Fruit Salad	Melon	Fruit Salad	Milk chocolate mousse
WEEK 3 (1-5/7)					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AFTERNOON 12.45	Beef patties with oven-baked potatoes	Oven-baked Chicken with rice (+tomato sauce)	Spaghetti with tomato sauce (+grated cheese)	Roast pork with mashed potatoes	Pizza with ham, cheese & tomato sauce
	Tomato and cucumber Salad	Green Salad with corn	Cabbage and carrot Salad	Greek Salad with Feta cheese	Ceasars Salad
	Watermelon	Fruit Salad	Melon	Fruit Salad	Milk chocolate mousse
WEEK 4 (8-12/7)					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AFTERNOON 12.45	Chicken Souvlaki with rice (+tomato sauce)	Cheeseburger with tomato & mayonnaise and oven-baked potatoes	Pennes Carbonara (+grated cheese)	Oven-baked pork tenderloin with mashed potatoes	Stuffed tomatoes and peppers, feta cheese
	Tomato and cucumber Salad	Ceasars Salad	Green Salad with corn	Tomato and cucumber salad	Cabbage and carrot salad
	Strawberries	Fruit Salad	Banana	Fruit Salad	Milk chocolate mousse
WEEK 5 (15-19/7)					
	MONDAY	TUESDAY	WEDNESDAY	ΠΕΜΠΗ	ΠΑΡΑΣΚΕΥΗ
AFTERNOON 12.45	Pork Souvlaki with rice (+tomato sauce)	Pizza with ham, cheese & tomato sauce	Fish-sticks with mashed potatoes, green beans & steamed carrots (+mayonnaise sauce)	Oven-baked Chicken Fillet with potatoes	Pastichio-Pasta and ground beef casserole with bechamel sauce
	Greek Salad with Feta	Green Salad with corn	Tomato and cucumber salad	Cabbage and carrot salad	Greek Salad with Feta
	Fruit Salad	Watermelon	Fruit Salad	Melon	Milk chocolate mousse

* Juice is offered daily at 10:30 am.

* Every Tuesday and Thursday at 14:50pm (break-time) ice-cream is served.

* Every Monday, Wednesday and Friday, at 14:50pm (break-time) sandwiches (brioche or baguette with turkey and cheese) are offered.

* Each meal is accompanied by an individual serving of bread.

* The options in the parentheses are complementary and optional.