

2023-24 DEREI BASKETBALL ACADEMY

BORN	GROUP	DAYS	MIN.	HOURS / WEEK	MONTHS	€/MONTH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	COACH
2016-17	BEGINNERS A'	3	60	3.00	9.5	35 €		17:00-18:00		17:00-18:00		09:30-10:30		5
2014-15	BEGINNERS B'	3	60	3.00	9.5	50 €	17:00-18:00		17:00-18:00			10:30-11:30		5
2014	BEGINNERS C'	3	60	3.00	9.5	50 €		18:00-19:00			18:15-19:15		09:30-10:30	4
2013	U11	3	75	3.75	9.5	50 €		19:00-20:15				09:30-10:45	10:30-11:45	4
2012	U12	4	75	5.00	9.5	50 €			19:15-20:30		17:00-18:15	15:30-16:45	09:45-11:00	3
2011-13	U13-2	3	75	3.75	9.5	50 €				18:00-19:15		11:30-12:45	16:00-17:15	5
2011	U13-1	4	90	6.00	10.5	60 €		20:15-21:45	20:30-22:00			14:00-15:30	13:15-14:45	3
2010	U14	4	90	6.00	10.5	60 €			18:00-19:30	20:30-22:00		10:45-12:15	11:45-13:15	4
2009	U15	4	90	6.00	10.5	60 €	18:00-19:30				20:45-22:00	10:00-11:30	10:00-11:30	2&[4]
2008-10	U16-2	3	75	3.75	9.5	50 €				19:15-20:30		12:45-14:00	14:45-16:00	5
2008	U16-1	6	90	9.00	10.5	60 €	19:30-21:00	19:30-21:00		16:30-18:00	19:15-20:45	13:00-14:30	13:00-14:30	1
2006-07	U18	6	90	9.00	10.5	60 €	20:30-22:00	21:00-22:30		16:30-18:00	21:00-22:00	11:30-13:00	11:30-13:00	2&[4]

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WHITE=PIERCE 2 RED=PIERCE 1 BLUE=DEREE

BOLD=GAME / PRACTICE

STRENGTH & CONDITIONING		DAYS	MIN.	HOURS / WEEK	MONTHS	€/MONTH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	TRAINER
2011	U13-1	1	90	1.50						20:00-21:30				6
2010	U14	1	90	1.50			20:00-21:30							6
2009	U15	1	90	1.50				20:00-21:30						6
2008	U16	2	60	2.00							21:00-22:00		12:00-13:00	6
2006-07	U18	2	60	2.00							20:00-21:00		13:00-14:00	6

Schedules are subject to change - please check for updates regularly

2023-24 DEREI VOLLEYBALL ACADEMY

BORN	GROUP	DAYS	MIN.	HOURS / WEEK	MONTHS	€/MONTH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	COACH
2014-17	MINI VOLLEY	3	60	3.00	9.5	35 €	17:00-18:00		17:00-18:00				11:00-12:00	2
2012-13	ACADEMY 1	3	60	3.00	9.5	40 €	18:00-19:00		18:00-19:00				12:00-13:00	2
2010-11	ACADEMY 2	3	60	3.00	9.5	40 €	19:00-20:00		19:00-20:00				13:00-14:00	2
2010-11	PAGKORASIDES 3	3	90	4.50	9.5	45 €	20:00-21:00			17:00-19:00			14:00-15:30	2
2009-10	PAGKORASIDES 2	4	90	6.00	10	50 €		17:00-18:30	20:00-21:30		17:00-18:30	12:15-13:45		1
2009-10	PAGKORASIDES 1	4	90	6.00	10	50 €		18:30-20:00		19:00-20:30	18:30-20:00	13:45-15:15		1
2007-09	KORASIDES 1	4	90	6.00	10	50 €		20:00-22:00		20:30-22:00	20:00-21:00	15:15-16:45		1

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at PIERCE GYM-1 / BOLD=GAME / PRACTICE

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2023-24 DEREI TRACK & FIELD ACADEMY

BORN	GROUP	DAYS	MIN.	HOURS / WEEK	MONTHS	€/MONTH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	COACH
2016-18	U10-1	3	60	3.00	9.5	35 €	17:00-18:00		17:00-18:00		17:00-18:00			2,4
2016-18	U10-2	3	60	3.00	9.5	35 €		17:00-18:00		17:00-18:00		10:00-11:00		2,4
2014-15	U12-1A	4	90	6.00	9.5	40 €		17:00-18:30	17:00-18:30		17:00-18:30	10:00-11:30		3
2014-15	U12-1B	4	90	6.00	9.5	40 €		18:30-20:00	18:30-20:00		18:30-20:00	11:30-13:00		3
2013-14	U12-2A	4	90	6.00	9.5	40 €	17:00-18:30	17:00-18:30		17:00-18:30		10:00-11:30		3
2013-14	U12-2B	4	90	6.00	9.5	40 €	18:30-20:00	18:30-20:00		18:30-20:00		11:30-13:00		3
2012	U14-1	4	90	6.00	9.5	40 €		18:00-19:30	18:00-19:30	18:00-19:30		12:00-13:30		2,4
2011	U14-2	4	90	6.00	9.5	40 €	18:00-19:30	18:00-19:30		18:00-19:30		12:00-13:30		2,4
2010<	U16-U18 COMP. JUMPS/THROWS	6	90	9.00	10	45 €	17:00-18:30	17:00-18:30	17:00-18:30	17:00-18:30	17:00-18:30	12:00-13:30		1
2010<	U16-U18 COMP. SPRINT/HURDLES	6	90	9.00	10	45 €	18:30-20:00	18:30-20:00	18:30-20:00	18:30-20:00	18:30-20:00	11:00-12:30		1
2010<	U16-U18 COMP. M-L DISTANCE	6	90	9.00	10	45 €	20:00-21:30	20:00-21:30	20:00-21:30	20:00-21:30	20:00-21:30	11:00-12:30		3
2010<	CONDITIONING	6	90	9.00	10	45 €	20:00-21:30	20:00-21:30	20:00-21:30	20:00-21:30	20:00-21:30	11:00-12:30		1,2

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2023-24 DEREЕ SOCCER ACADEMY

BORN	GROUP	DAYS	MIN.	HOURS / WEEK	MONTHS	€/MONTH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	COACH
2017-18	U7	2	60	2.00	9.5	35 €	18:15-19:15		18:15-19:15					4
2015-16	U9	3	60	3.00	9.5	45 €	18:15-19:15		18:15-19:15				GAME / PRACTICE	3
2013-14	U11-1	3	75	3.75	9.5	50 €	17:00-18:15		17:00-18:15			GAME / PRACTICE		1
2013-14	U11-2	3	75	3.75	9.5	50 €	17:00-18:15		17:00-18:15				GAME / PRACTICE	4
2011-12	U13-1	4	75	5.00	9.5	55 €	19:15-20:30		19:15-20:30		17:00-18:15	GAME / PRACTICE		3
2011-12	U13-2	4	75	5.00	9.5	55 €	19:15-20:30		19:15-20:30		17:00-18:15		GAME / PRACTICE	4
2009-10	U15-1	4	90	6.00	10	55 €		19:00-20:30		19:00-20:30	18:15-19:45	GAME / PRACTICE		2
2009-10	U15-2	4	90	6.00	10	55 €		19:00-20:30		19:00-20:30	18:15-19:45		GAME / PRACTICE	3
2007-08	U17	4	90	6.00	10	55 €		20:30-22:00		20:30-22:00	19:45-21:15	GAME / PRACTICE		1
2004-06	U19	4	90	6.00	10	55 €		20:30-22:00		20:30-22:00	19:45-21:15	GAME / PRACTICE		2

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BOLD=GAME / PRACTICE

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2023-24 DEREЕ TENNIS ACADEMY

AGE	GROUP	DAYS	MIN.	HOURS / WEEK	MONTHS	€	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	COACH
4-7	MINI TENNIS 1	2	60	2.00	9.5	60 €		17:00-18:00		17:00-18:00				4
5-8	MINI TENNIS 2	3	60	3.00	9.5	80 €	17:00-18:00		17:00-18:00		17:00-18:00			5
6-8	MINI TENNIS 3	3	60	3.00	9.5	80 €	17:00-18:00		17:00-18:00		17:00-18:00			4
8-10	FUN TENNIS 1	2	90	3.00	9.5	80 €		18:00-19:30		18:00-19:30				4
8-10	FUN TENNIS 2	3	60	3.00	9.5	80 €	18:00-19:00		18:00-19:00		18:00-19:00			4
10-12	FUN TENNIS 3	3	60	3.00	9.5	80 €	18:00-19:00		18:00-19:00		18:00-19:00			5
14+	TEEN TENNIS 1	2	120	4.00	9.5	90 €		18:00-20:00		18:00-20:00				5
12+	TEEN TENNIS 2	2	90	3.00	9.5	80 €		19:30-21:00		19:30-21:00				4
8-12	PRE-COMPETITION 1	3	150	7.50	9.5	160 €	18:30-21:00		18:30-21:00		18:30-21:00			1
12+	PRE-COMPETITION 2	3	150	7.50	9.5	160 €	18:30-21:00		18:30-21:00		18:30-21:00			4
12+	COMPETITION 1	5	120	10.00	10.5	250 €	16:00-18:00	20:00-22:00	18:00-20:00	16:00-18:00	18:00-20:00			1
12+	COMPETITION 2	5	120	10.00	10.5	250 €	16:00-18:00	18:00-20:00	16:00-18:00	18:00-20:00	16:00-18:00			1
12+	COMPETITION 3	5	120	10.00	10.5	250 €	16:00-18:00	16:00-18:00	20:00-22:00	18:00-20:00	18:00-20:00			1
12+	COMPETITION 4	5	120	10.00	10.5	250 €	18:00-20:00	20:00-22:00	16:00-18:00	20:00-22:00	16:00-18:00			2
12+	COMPETITION 5	5	120	10.00	10.5	250 €	20:00-22:00	16:00-18:00	20:00-22:00	20:00-22:00	18:00-20:00			2
12+	COMPETITION 6	5	120	10.00	10.5	250 €	18:00-20:00	18:00-20:00	16:00-18:00	18:00-20:00	20:00-22:00			2
12+	COMPETITION 7	5	120	10.00	10.5	250 €	20:00-22:00	16:00-18:00	18:00-20:00	20:00-22:00	16:00-18:00			2
12+	COMPETITION 8	5	120	10.00	10.5	250 €	20:00-22:00	16:00-18:00	20:00-22:00	16:00-18:00	20:00-22:00			3
12+	COMPETITION 9	5	120	10.00	10.5	250 €	20:00-22:00	16:00-18:00	18:00-20:00	16:00-18:00	18:00-20:00			3
12+	COMPETITION 10	5	120	10.00	10.5	250 €	20:00-22:00	16:00-18:00	18:00-20:00	20:00-22:00	16:00-18:00			3

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DEREE tennis courts PIERCE tennis courts

STRENGTH & CONDITIONING (COMPETITION 1-10)							17:00-20:00	17:00-20:00	17:00-20:00	17:00-20:00	17:00-20:00			
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2023-24 DERE SWIM ACADEMY

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AGE	GROUP	DAYS	MIN.	HOURS / WEEK	MONTHS	€/MONTH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	COACH
4-5	BEGINNERS A'1	3	40	2.00	10.0	60 €	17:00-17:40		17:00-17:40		17:00-17:40			6
4-5	BEGINNERS A'2	3	40	2.00	10.0	60 €	17:40-18:20		17:40-18:20		17:40-18:20			6
4-5	BEGINNERS A'3	3	40	2.00	10.0	60 €	18:20-19:00		18:20-19:00		18:20-19:00			6
4-5	BEGINNERS A'4	3	40	2.00	10.0	60 €		17:00-17:40		17:00-17:40		10:00-10:40		6
4-5	BEGINNERS A'5	3	40	2.00	10.0	60 €		17:40-18:20		17:40-18:20		10:40-11:20		6
4-5	BEGINNERS A'6	3	40	2.00	10.0	60 €		18:20-19:00		18:20-19:00		11:20-12:00		6
5-6	BEGINNERS B'1	3	40	2.00	10.0	60 €	17:00-17:40		17:00-17:40		17:00-17:40			5
5-6	BEGINNERS B'2	3	40	2.00	10.0	60 €	17:40-18:20		17:40-18:20		17:40-18:20			5
5-6	BEGINNERS B'3	3	40	2.00	10.0	60 €		17:00-17:40		17:00-17:40		10:00-10:40		5
6-7	BEGINNERS B'4	3	40	2.00	10.0	60 €		17:40-18:20		17:40-18:20		10:40-11:20		5
6-7	BEGINNERS C'1	3	40	2.00	10.0	60 €	18:20-19:00		18:20-19:00		18:20-19:00			5
6-7	BEGINNERS C'2	3	40	2.00	10.0	60 €		18:20-19:00		18:20-19:00		11:20-12:00		5
7-10	ADVANCED A'1	3	60	3.00	10.0	65 €	17:00-18:00		17:00-18:00		17:00-18:00			4
7-10	ADVANCED A'2	3	60	3.00	10.0	65 €		17:00-18:00		17:00-18:00		12:00-13:00		4
8-11	PRE-TEEN 1	3	60	3.00	11.0	65 €	19:00-20:00		19:00-20:00		19:00-20:00			5
11+	TEEN 1	3	60	3.00	11.0	65 €	20:00-21:00		20:00-21:00		20:00-21:00			6
11+	TEEN 2	3	60	3.00	11.0	65 €		20:00-21:00		20:00-21:00		12:15-13:15		2
11+	TEEN 3	3	60	3.00	11.0	65 €	20:00-21:00		20:00-21:00		20:00-21:00			5
11+	TEEN 4	3	60	3.00	11.0	65 €		19:00-20:00		19:00-20:00		12:00-13:00		5
11+	TEEN 5	3	60	3.00	11.0	65 €		20:00-21:00		20:00-21:00		13:00-14:00		5
8-9	ELITE	6	75	7.50	11.0	75 €	18:00-19:15	18:00-19:15	18:00-19:15	18:00-19:15	18:00-19:15	12:00-13:00		4
10-12	PRE COMPETITION	6	90	9.00	11.0	80 €	19:15-21:15	19:15-21:15	19:15-21:15	19:15-21:15	19:15-21:15	10:00-12:00		4
13+	COMPETITION 1	6	120	12.00	11.0	100 €	16:00-18:00	16:00-18:00	16:00-18:00	16:00-18:00	16:00-18:00	08:00-10:00		1,2,3
13+	COMPETITION 2	6	120	12.00	11.0	100 €	18:00-20:00	18:00-20:00	18:00-20:00	18:00-20:00	18:00-20:00	08:00-10:00		1,2,3